

# 2016 CAMP APPLICATION

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Grade Next Year \_\_\_\_\_  
 E-mail \_\_\_\_\_  
 School \_\_\_\_\_  
 Parent/Guardian \_\_\_\_\_  
 Emergency Contact \_\_\_\_\_

T-shirt Size (Youth)  YS  YM  YL  
 (Adult)  S  M  L  XL

Your camp confirmation will be sent through e-mail.  
 Check which camps you will be attending:

- Beginners Volleyball Camp June 20-22 \$45
- Fundamental Camp June 20-23 \$80
- Fundamental Camp August 3-5 \$65
- Setter/Hitter Camp June 20-21 \$75
- Setter/Hitter Camp August 3 \$75
- Advanced Set/Hit Camp August 4 \$75
- Serving Camp June 25 \$45
- Serving Camp August 5 \$45
- Advanced Serving Camp August 5 \$45
- High Performance Camp June 23-24
  - Commuter \$95
  - Overnight \$125
- Volleyball IQ Camp August 1-2
  - Commuter \$115
  - Overnight \$140
- Volleyball IQ Camp June 22-23
  - 8-12 Grades \$65
  - 5-8 Grades \$45

HPC Roommate Preference \_\_\_\_\_

Total Amount Paid \$ \_\_\_\_\_  
 (Make checks payable to NWC Volleyball Camp)

Registration forms also available at [www.nwcraiders.com](http://www.nwcraiders.com)  
You MUST sign authorization on other side.

Online registration is also available at:  
[www.RaidersVolleyballCamps.com](http://www.RaidersVolleyballCamps.com)

Non-Profit Org.  
 U.S. Postage  
 PAID  
 Northwestern  
 College

**NORTHWESTERN**  
 COLLEGE

208 8th Street SW  
 Orange City, IA 51041

Address Service Requested

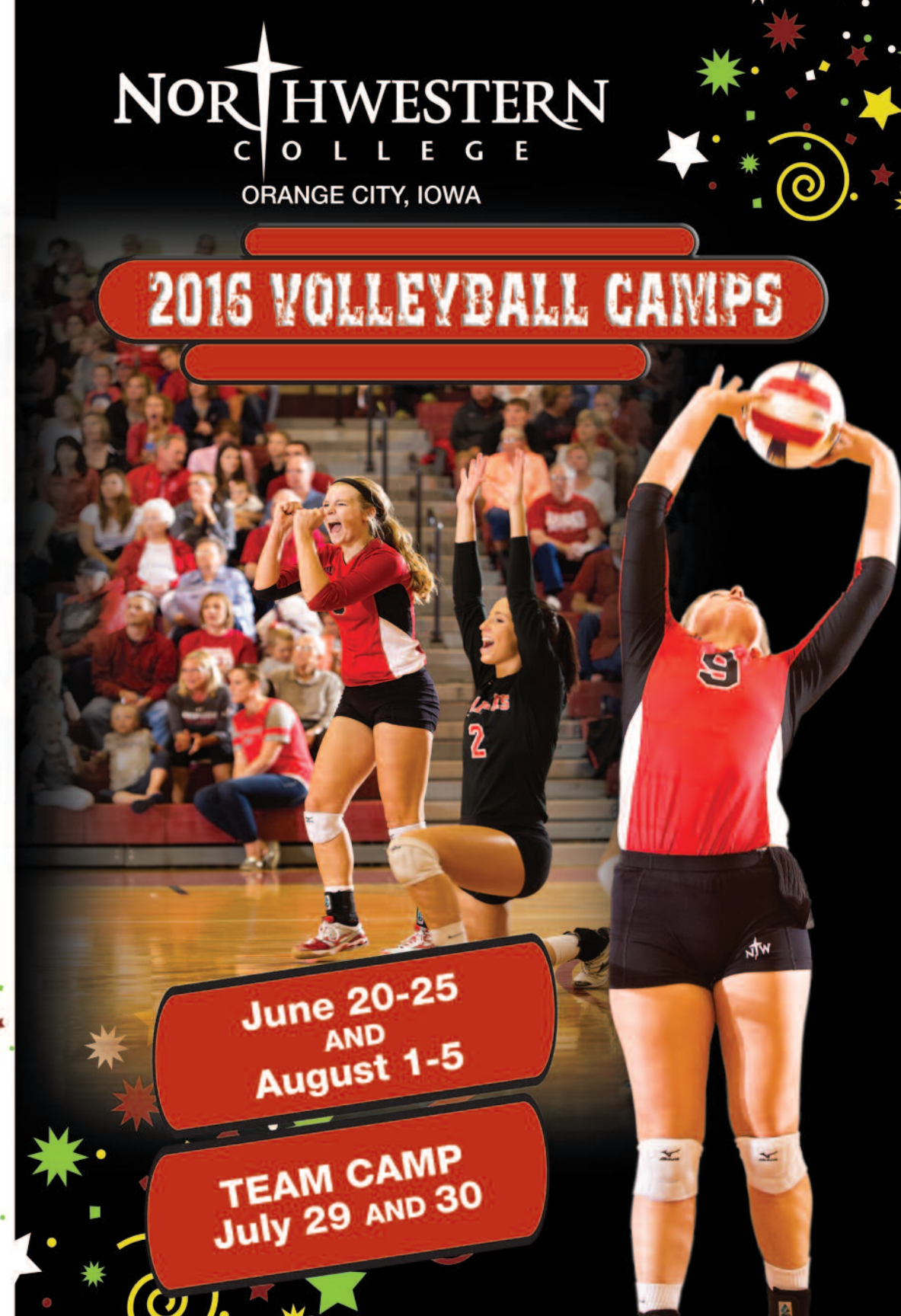


**NORTHWESTERN**  
 COLLEGE  
 ORANGE CITY, IOWA

## 2016 VOLLEYBALL CAMPS

June 20-25  
 AND  
 August 1-5

TEAM CAMP  
 July 29 AND 30







## Camp Director

Kyle Van Den Bosch

In his 11 years as Head Coach, Van Den Bosch has made Northwestern College Volleyball one of the premier programs in the nation. He has compiled a record of 323 – 85 record in his 11 seasons, including a 151-25 mark in the GPAC. The Red Raiders have made the National Tournament 7 out of the last 11 years. Coach Van Den Bosch has been honored as the GPAC Coach of the Year in 2007, 2008, 2009, 2010, 2013 and 2014. The Raiders have also set a GPAC record by winning 58 consecutive GPAC matches over 4 seasons. He was named the West Central AVCA Regional Coach of the Year in 2008, 2009, 2010, 2013 and 2014. He has coached 7 GPAC Conference Players of the Year, 56 All-Conference Players and 13 All-Americans. Prior to being at Northwestern College, he served one year as the junior varsity coach at MOC-FV in Orange City, IA. Coach Van Den Bosch was also the head coach at Calvin Christian School in Escondido, California for 6 years. In 2000, his team finished in the final four of the state tournament and he was named the Coach of the Year by the San Diego North County Times. He served as the head volleyball coach at Western Christian High School in 1997. Coach Van Den Bosch has 25 years of volleyball camp experience and has worked with volleyball players from 2nd grade through the collegiate level.

# 2016 Volleyball Camps

## Beginner's Volleyball Camp

- Grades 2-5
- \$45

This camp is for those athletes who want to start learning about the game of volleyball. It will teach the basic fundamentals and the rules to the game of volleyball. Highly energetic and experienced coaches will be involved with the camp. Don't miss out on this exciting camp!

- June 20-22 3:30pm - 5pm

## Fundamental Camp

- For students going into grades 5-9
- \$80 or \$65
- Limit 110 athletes

This camp is for those athletes who are looking to improve their skills in passing, serving, setting, hitting, blocking, digging and team play. High energy and knowledgeable coaches will be there to help you enjoy and improve your volleyball game. There will be two fundamental camps offered this summer, one in June and one in August.

(Choose one of these two camps)

- June 20-23 Noon - 3pm • \$80 (4 days)
- August 3-5 2pm - 5pm • \$65 (3 days)

## Setter/Hitter Camp

- Grades 5-9
- \$75

This camp is for the athletes who want to focus on hitting or setting. The girls will decide which skill they would like to focus on and then they will be divided into a setting group and a hitting group. Each skill group will work on the basics and then learn a variety of different sets and attacks.

- June 20-21 9am - 11am
- August 3 9am - 11am & 11:30am - 1:30pm

## Advanced Setter/Hitter Camp

- Grades 8-12
- \$75

Advanced setter/hitter camp is for the high school athletes who want to advance their hitting or setting. After a short session on the basics, setters and hitters will work on a variety of different sets and attacks in volleyball; quicks, shoots, slides, combinations, 71s, hitting off the block, and back row attacks.

- August 4 9am - 11am & 11:30am - 1:30pm

## Serving Camp

- Grades 5-8
- \$45

Are you having trouble getting your serve over the net consistently? Do you want to learn how to jump serve? We will help you improve your standing serve and you will learn how to do jump top spin serve and a jump floater. This camp will give you a great foundation to begin being a dominating server.

- June 25 9am - 11am
- August 5 11:30am - 1:30pm

## Advanced Serving Camp

- Grades 9-12
- \$45

Would you like to become a more efficient server? We will help you improve your standing serve by adding power and accuracy to all the locations. We will introduce or improve your jump top spin serve and jump floater. You will gain a lot of confidence and knowledge on how to be a top notch server for your team.

- August 5 9am - 11am

## High Performance Camp

- Grades 7-12
- Limit - 120 athletes

This camp is for those athletes who are ready to take their game to the next level. Be ready to be pushed! The athletes will be divided up to play with players that will have comparable skills. Team play, along with skill sessions will be incorporated in this camp. Learn from experienced coaches who are ready to teach you the latest techniques in volleyball. See detailed schedule to the left.

- June 23-24 Grades 7-12 \$95 Commuter \$125 Overnight \$115 Commuter \$140 Overnight
- August 1-2 Grades 8-12

## New Volleyball IQ Camp

- Grades 5-8
- Grades 8-12
- \$45
- \$65

Have you ever been curious why certain teams always win the close games? Don't miss out on this new, fast paced camp! Campers will learn the intricacies of the game of volleyball by playing games of 3 on 3, 4 on 4, queen of the court games, and finishing with 6 on 6. More emphasis will be put on developing strategies of how to give your team the best chance to win volleys. Come ready to have a blast through competition improving your volleyball IQ!

- June 22-23 Grade 8-12 9am - 11am
- June 25 Grade 5-8 11:30am - 1:30pm



## AUTHORIZATION TO ADMINISTER MEDICAL SERVICES

Name of Individual (s)

and to allow hospitalization and/or referral to another physician when it is deemed necessary in the event of an accident, injury or illness while attending the Northwestern Volleyball Camp.

(Date)

(Signature of Parent/s or Guardian/s)

Home Phone

Business Phone

Insurance Number

Insurance Carrier

## HIGH PERFORMANCE CAMP SCHEDULE

### June 23-24

### August 1-2

#### June 23

- 3:15pm - Check-in Begins
- 4:00-6:00pm First Session
- 7:00-9:00pm Second Session

#### August 1

- 9:15am - Check-in Begins
- 10:00-12:30pm First Session
- 2:00-4:30pm Second Session
- 4:30 - Supper for those staying overnight
- 6:30-8:30pm Third Session

#### June 24

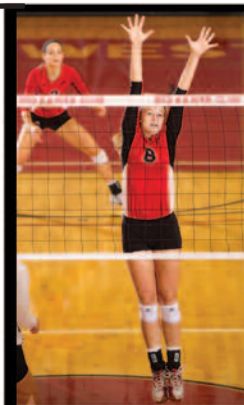
- 8:00am - Breakfast for those who stayed overnight
- 9:00-11:30am Third Session
- 1:00-3:30pm Fourth Session
- 4:00pm - Supper for those who stayed overnight
- 5:30-7:30pm Fifth Session

#### August 2

- 8:00am - Breakfast for those who stayed overnight
- 9:00-11:30am Fourth Session
- 1:00-3:00pm Fifth Session
- 5:00-7:00pm Sixth Session

If you are staying overnight you will need to bring the following:

- Sheets (for single bed) or sleeping bag and pillow
- Shampoo, soap, toothbrush, and any other toiletries you need
- Towels
- A little spending money - Lunch will be on your own
- Snacks for your room



## To Apply

- Detach and mail application with payment to: Northwestern Volleyball Camp 208 8th Street SW Orange City, IA 51041
- For further information contact Coach Van Den Bosch at 712-707-7285 or email at: kylevdb@nwciova.edu
- Pro-rated camp fee is \$20 per session. Pro-rated fees are applied in the case of injuries, illness, school or church related conflicts.
- One t-shirt per camper if attending more than one camp.
- A minimum deposit of \$30 (per camp) is required with your application. This fee is non-refundable 30 days prior to the camp date.

For information on our Team Camp please visit our website at: [www.nwcraiders.com](http://www.nwcraiders.com)

Online registration is also available at: [www.RaidersVolleyballCamps.com](http://www.RaidersVolleyballCamps.com)

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